

Take Charge of Your Life:

Month: Dec.

Week #: 14

Day: e. Fri. Time: 15 min.

Hitting the Target in Life, Part 2

Life Tree Learning Systems ©

Objectives/Aims

The students will: learn the importance of setting goals in their lives; learn how to formulate strategies to meet those goals; learn how to evaluate, and if necessary, change those strategies if they don't work.

Materials

white board, markers; students need a copy of 'Hitting the Target in Life' (see 'Computer Generated') and a pencil

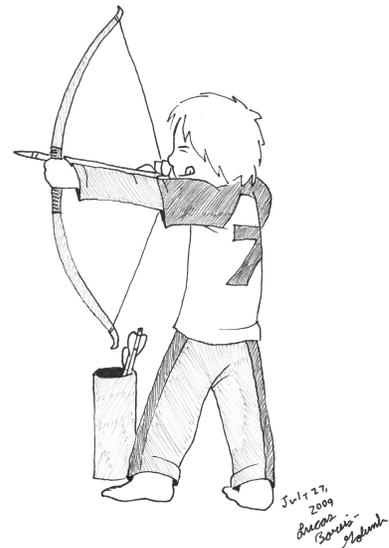
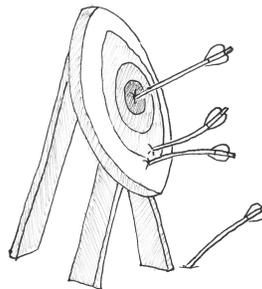
Illustration

Now you're going to have the chance to set your own target goal and arrow strategies. Will you be on target like Robin Hood or be like Robin, Earl of Huntingdon and miss the mark entirely?

Background

To give direction and purpose to our lives, we need to intentionally set goals. Without setting goals, the 'needs of the moment' often dictate our actions and we become victims of circumstance. Once we set a goal through thoughtful reflection, meditation or prayer, we need to determine strategies to help us meet that goal. Periodically, we need to evaluate those strategies to ascertain

if they are in fact helping us to meet our goal. If they don't work, then we need to either try harder, or we need to change or modify them.



Group Activity (same activity as first day)

1. Stand in front of the students, with the bow in hand (this can be pantomimed if you don't have a bow) and say, "I'm attending a recreational camp and I'm taking a course in archery. Here I am at the archery range with my trusty bow. [Hold up the bow.] This bow represents my will and the power to do things." [Get in position as if to take aim and look around as if in search of something.] However, I don't see any targets. Who can tell me why are targets important at an archery range?" *A: You need something to aim at.* Say, "In life we also need a target or a goal to aim at to determine our life's direction. [Draw a large target on the board at the end of the board. Once again, take a stance as if to shoot at the target]. Oops, I seem to be missing something else. What am I missing?" *A: Arrows.* Say, "Yes, I need arrows to shoot at the target. [Draw long, parallel arrows on the board pointing in the direction of the target. Also draw several curved or crooked arrows.] We are going to call these arrows *strategies*. Strategies help us reach our goals. Now what would happen if some of those arrows were crooked?" [Point at the crooked ones.] *A: You would miss the target.* Say, "Yes, at times you have to change the arrows or strategies, if you're not hitting your target goal." [Erase the crooked arrows.]

2. Say, "To conclude this unit on 'Hitting the Target in Life' you're going to have the chance to set your own target goal and arrow strategies. I'm giving you each a copy of 'Hitting the Target in Life' to complete. If you don't finish it during line time, you can finish it during work period. Please put it

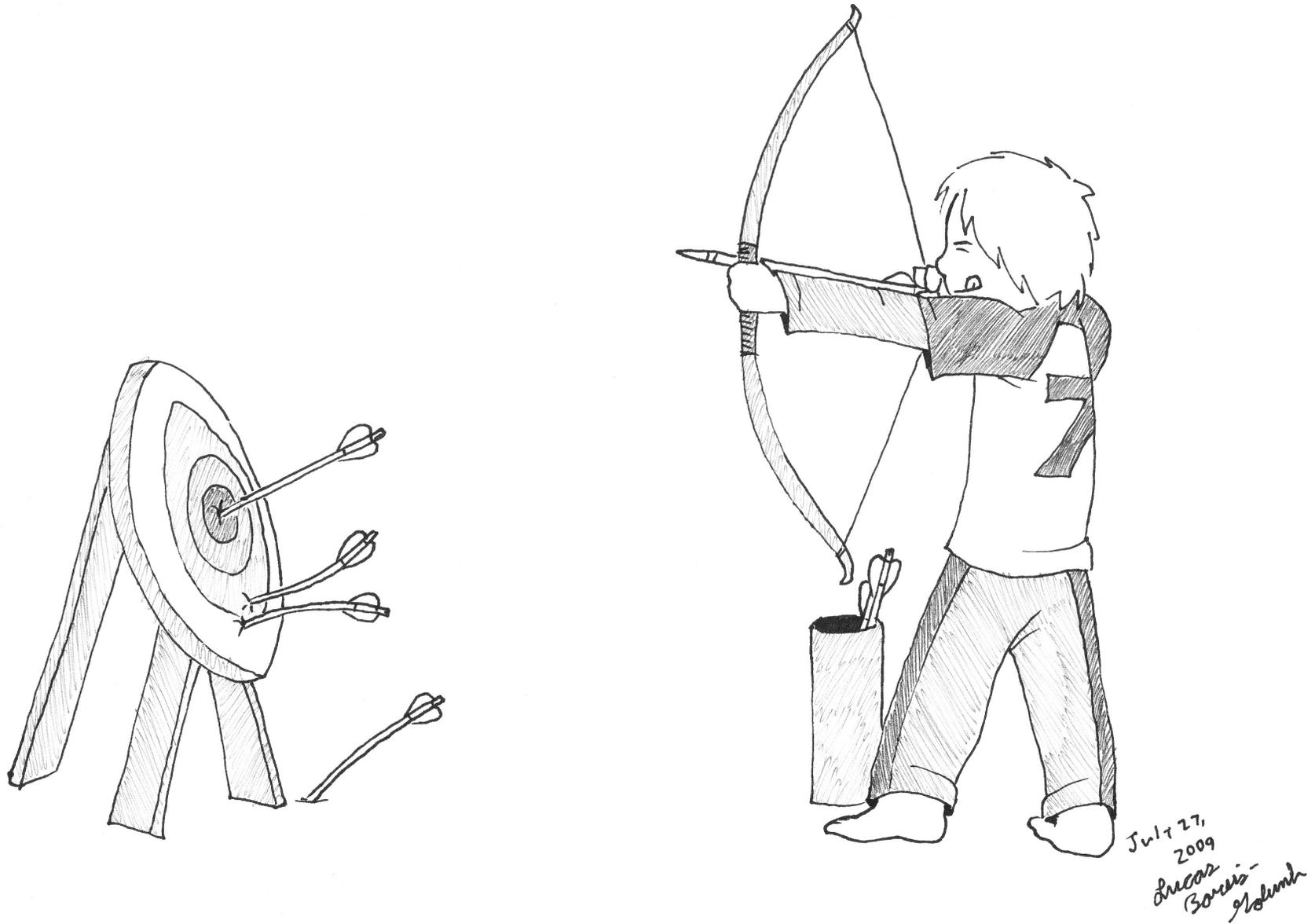
Group Activity (continued)

in your work folder when it is complete. We will check periodically to see how you're progressing in reaching your goal. We'll also see if you might need to try harder or maybe change or modify your strategies.

3. If there is time, ask if there are any students that would like to share their goals and strategies.

Conclusion

Say, "So what kind of archer are you going to be? Will you hit the bulls eye, hit one of the outer rings or miss the target completely? Only you (and time) can answer that question."

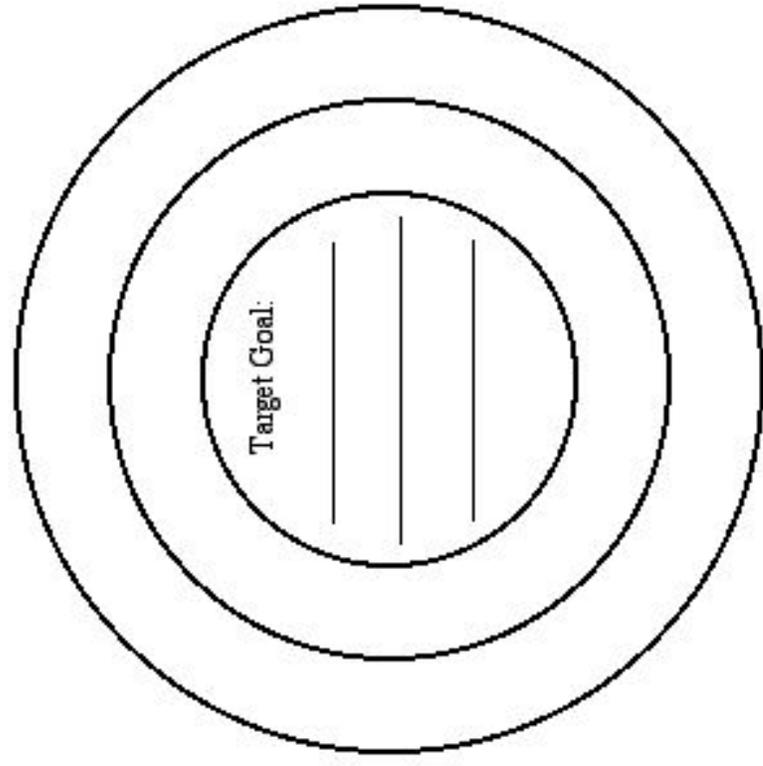
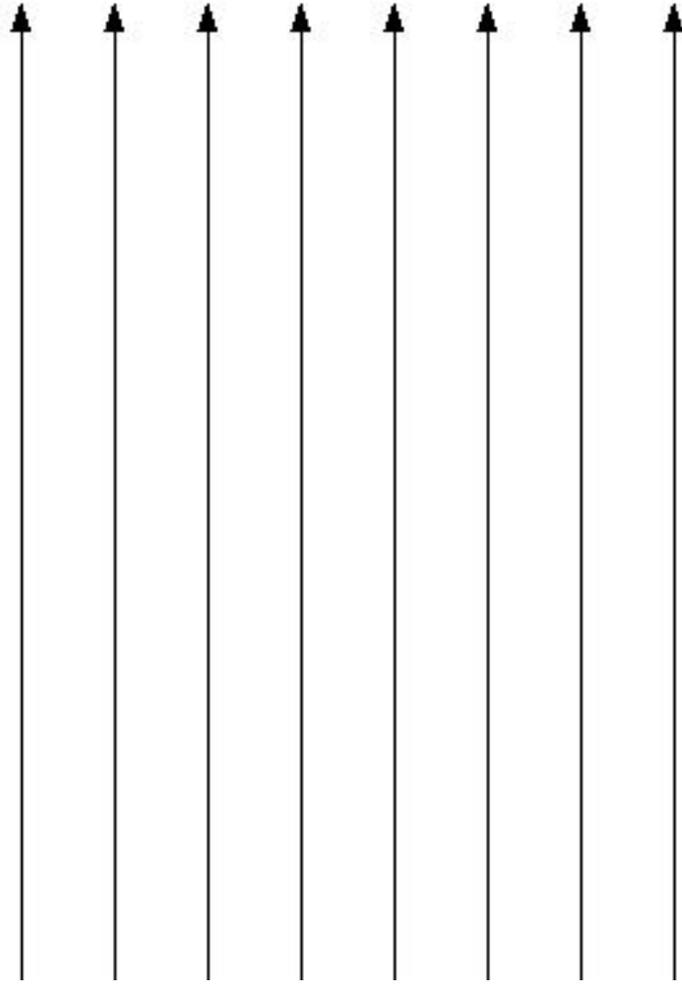


Now you're going to have the chance to set your own target goal and arrow strategies. Will you be on target like Robin Hood or be like Robin, Earl of Huntingdon, and miss the mark entirely?

ARCHER'S NAME: _____

DATE: _____

Arrows or Strategies:



You are all archers in this life. You all have a bow, which represents your will, the power to do things. You need to pick your targets, or goals, that you want to achieve in this life. This will give you both purpose and direction. To hit the target goal, you will need strategies, or arrows to help you hit the mark. If your strategies miss the mark, you need to either try harder or change your strategies.