

Getting Acquainted

Month: Sept.

Week #: 2

Day: a. Mon. Time: 30 min.

Smile and Say "Hi!"

Life Tree Learning Systems ©

Objectives/Aims

The students will: learn how to reach out to others to make friends.

Materials

Red Grammar CD, "Teaching Peace"

Illustration

How do you make friends?

Background

The first step in making a friend is getting up enough nerve to smile and say "hi" to a stranger. The reason we're nervous about such an encounter is that we're afraid that the other person will reject us. This inherent risk pales in comparison to the consequences of not reaching out to others and ultimately feeling lonely and unloved.

Group Activity

1. Say, "How many of you would like to know how to make friends?" Have the students raise their hands. "Now I want you to listen to this song to see

if it tells us any ways to make a friend." Play the song "Smile and Say Hi!" from the album "Teaching Peace." After the song, role model how to smile and say hi.



Group Discussion Questions

1. In what ways did this song teach us to make a friend?

A: Smile and say hi! (Have two students who are naturally affable demonstrate how to do this).

2. What did you observe about the person who said "hi"?

A: He/she smiled, made eye contact, had his/her shoulders back, had a friendly tone to his/her voice and spoke directly to the other person. He/she showed that he/she is a strong, friendly and fun person.

3. Is there a risk that the stranger might not smile and say "hi" back? How would that make you feel?

A: Yes, they could ignore me or make some kind of angry or rude response. It would make me sad.

4. By a show of hands, do you think everybody will like you?

A: Most people will like you unless you continually hurt, or do rude things, to them. Some people will not like you no matter how kind or respectful you are.

Group Discussion Questions (continued)

5. Does it make you a bad person if people don't like you?

A: No, some people will not like you no matter what you do or say. At this point, it is their problem and not yours. If many people don't like you, you probably need to work on some of your negative behaviors.

6. What are some reasons why a person might not smile and say "hi"? How can you respond to that person?

A: Maybe they're in a bad mood today; I'll try again tomorrow.

A: There are lots of other people to be friends with.

Conclusion

Say, "To close, we're going to make a Smile and Say "Hi" Snake. Everybody stand up. Put your right hand in so you're facing the person's back in front of you. Put your right hand down and now follow that person." You go in front of the person to your right, smile and say hi. Then tell them to follow you and do the same thing to the next person. You proceed to the next person, and then the next until you've smiled at and said "hi" to everybody in the circle. Then say, "See, it's really not all that hard to smile and say "hi."

Getting Acquainted: Smile and Say "Hi!"



How do you make friends?

July 22,
2009
Alicia
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Holumb

Getting Acquainted

Objectives/Aims

By the end of this unit, your child will know how to reach out to others to make friends and learn interview and introduction skills.

Background Information for Parents

The first step in making a friend is getting up enough nerve to smile and say “hi” to a stranger. The reason we’re nervous about such an encounter is that we’re afraid that the other person will reject us. This inherent risk pales in comparison to the consequences of not reaching out to others and ultimately feeling lonely and unloved.



Note to parents:

- First graders can answer questions by using invented spelling if they know how. Otherwise, they can dictate the answers to their parents and then trace over their parents’ writing to make it their own.
- The abbreviation ‘P.I.’ stands for the parents’ initials when they sign-off on their child’s work.

Day 1

1) Tell or show your parents how you make friends. Explain why it takes some courage to reach out to new people. P.I. _____

Day 2

1) Write down the names of at least five new students in your classroom. Don’t worry about the spelling!

2) Who would you like to be friends with and how are you going to do this?

Day 3

1) Interview your parents using at least four open-ended questions. Remember that they have the right not to answer a question if it is too personal. Use active listening (if you know how) to make sure you heard them correctly. P.I. _____