

## Conflict Resolution

Month: Oct.

Week #: 6

Day: b. Tues. Time: 30 min.

# Use a Word!

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### Objectives/Aims

The students will: realize that they can choose to use words instead of resorting to physical violence to solve a conflict; they will also learn that words can hurt others.

### Materials

“Use a Word!” on Teaching Peace recording by Red Grammer

### Illustration

This is a picture of the singer/songwriter Red Grammer. He wrote a great song called, “Use a Word!” that teaches a nonviolent way of taking a stand.



### Background

When someone does or says something that is truly destructive to himself, you, others or the environment, it's time to take a stand. Using selective words instead of using physical force or violence is the first step in taking a stand.

### Group Activity

1. Listen to the song, "Use a Word!"

Encourage the students to sing out, shout out “Use a Word!” at the

appropriate time, dance to the music or simply listen carefully to the song’s lyrics.

### Group Discussion Questions

1. What do you think Red Grammer is trying to teach us with this song?

A: Instead of using violence to solve a conflict, use a word.

2. What can happen if we choose to use physical force to solve a problem?

A: People can get hurt.

3. Do you think ‘silly’ words, said with a smile on your face, will be taken seriously by the other person? Why?

A: No, because the silly words and smile say that you’re not really offended.

4. What would be the possible consequences of saying words in an angry way?

A: The other person might get defensive or angry and respond in a like or worse fashion.

Note: Here you can demonstrate how to say words in a strong, clear and serious fashion.

### Variations/Extensions

1. Role play various real-life situations where students need to use words in order solve a conflict.

## **Conclusion**

Say, "When someone does or says something that is truly destructive to himself, you, others or the environment, it's time to take a stand. Using selective words instead of using physical force or violence is the first step in taking a stand."

Oct. 6 b. Tues.

**Conflict Resolution: Use a Word!**



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